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Satyananda Saraswati  
Patanjali is said to be

the father of modern  
Yoga. His Yoga Sutras

is the bible for yoga  
practitioners. There are

four parts in Patanjali  
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Pada, Sadhana Pada,  
Vibhuti Pada, and

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Saraswati(25

December 1923 - 5

December 2009), was

a sannyasin,

yogateacher and

guruin both his native

Indiaand the West. He

was a student of

Sivananda Saraswati,

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the founder of the  
Divine Life Society, and  
founded the Bihar  
School of Yogain 1964.

Freedom

**Satyananda  
Saraswati -  
Wikipedia**

Swami Niranjanananda  
Saraswati was born in  
Rajnandgaon

(Chhattisgarh) in 1960.

Guided by his guru,  
Swami Satyananda  
Saraswati, from birth,  
at the age of four he  
came to live with him

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Satyananda  
Saraswati  
at the Bihar School of  
Yoga in Munger where  
he received training in  
yogic and spiritual  
sciences through yoga  
nidra.

Commentary On

The Yoga Sutras

Of Patanjali 9th Re

Print  
**Niranjanananda**

**Saraswati**

Sri Swami Satyananda  
Saraswati was born in  
1923 at Almora  
(Uttaranchal) into a  
family of farmers. His  
ancestors were

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warriors and many of his kith and kin, including his father, served in the army and police force. However, from an early age it became evident that Sri Swamiji had a different destiny, as he began to have spiritual experiences at ...

**Welcome to Bihar  
Yoga - Sri Swami  
Satyananda  
Saraswati**

Last week, Australia's  
*Page 14/27*

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Royal Commission into Institutional Responses to Sexual Abuse heard testimonies from nine women who were children during the height of the abuse, four of whom had testified in a 1989 case against Satyananda's student Swami Akhandananda Saraswati who was allegedly the primary abuser at the ashram. Akhandananda was convicted at the end of

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the trial and sentenced to prison (he served 14 months and was released on a technicality).

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Reeling from Horrific  
Details of Sex Abuse**

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Introduction to  
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Kundalini , 2. What is



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8. Risks and  
Precautions 1

**Kundalini Tantra -  
Mystic Knowledge**

Four Chapters on  
Freedom is a  
commentary by Swami  
Satyananda Saraswati

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in which he unravels the meaning of the Sutras, verse by verse. Every word of each sutra is significant, and a deep understanding of Sanskrit, as well as the insight of an enlightened master, is needed to interpret them for the modern reader.

## **Four Chapters on Freedom: Commentary on the Yoga Sutras of ...**

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Satyananda

Swami Niranjanananda

Saraswati was born in

Rajnandgaon

(Chhattisgarh) in 1960.

Guided by his guru,

Swami Satyananda

Saraswati, from birth,

at the age of four he

came to live with him

at the Bihar School of

Yoga in Munger where

he received training in

yogic and spiritual

sciences through yoga

nidra.

**Swami Satyananda,**

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**Swami**

**Niranjanananda,**

**Swami ...**

In 2001 she joined the

four-month certificate

course in the ashram,

which inspired her to

become a Satyananda

Yoga teacher. She

completed her training

with Swami

Vedantananda in 2003.

Keen to integrate her

art teaching and yoga

she completed the

BWY Yoga for Children

module with Swami

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Satyananda and she  
currently runs yoga  
and art workshops ...

**About - Satyananda  
Yoga Centre London  
— Satyananda Yoga  
Centre**

SWAMI

NIRANIANANANDA

SARASWATI Swami

Niranjanananda was  
born at Rajnandgaon,  
Madhya Pradesh, in  
1960. At the age of  
four he joined the Bihar  
School of Yoga and was

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Satyananda  
Saraswati  
initiated into Dashnami  
Sannyasa at the age of  
ten. From 1971 he  
travelled overseas and  
toured many countries  
for the next 11 years.  
In 1983 he was  
recalled to India

Of Patanjali 9th Re

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in which he unravels

the meaning of the

Sutras, verse by verse.

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sutra is significant, and

a deep understanding

of Sanskrit, as well as

the insight of an

enlightened master, is

needed to interpret

them for the modern

reader.

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Beyond this

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connection, Swami

Satyananda is also

directly responsible for

our marriage and

family life. In 1997, at

his direct request, we

got married in Rikhia

as human

representations of the

Sita and Rama murtis

at the Sita Kalyanam

puja. Our wedding was

organised by Swami

Satyananda, and took

place with him in front

of several thousand

people.



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**Total Yoga Nidra and  
Swami Satyananda:  
where we stand now  
Freedom**

Most of the alleged  
abuse occurred at the  
hands of Satyananda's  
disciple, Swami  
Akhandananda

Saraswati, a convicted  
pedophile and sadist  
who was masquerading  
as a peace-promoting,  
celibate leader...

**Australia's Underage**

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**Yoga Sex Cult: The  
Survivors Speak Out**

Star power: Swami Satyananda Saraswati brought his movement to Australia at the invitation of former television host Roma Blair, pictured. For Sanatan, now 63, the ashram presented a utopian ideal.

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